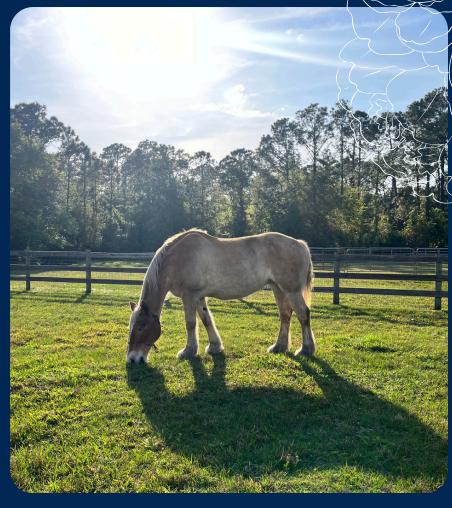
Galilla BY HER Immersions













HER Immersions

Our mission is to empower women through immersive experiences that focus on wellness, personal growth, and a deep connection with nature, community, and purpose.

Wellness Retreats

Transformative experiences that nurture body and mind, fostering personal growth in serene natural settings.

Community Connections

Building supportive networks among women through shared experiences, enhancing collaboration and empowerment.

Nature Immersion

An immersion that integrates the natural world, nervous system work, and the healing presence of horses to cultivate deep relaxation, rejuvenation, and holistic well-being.

Creation & Aligned Careers

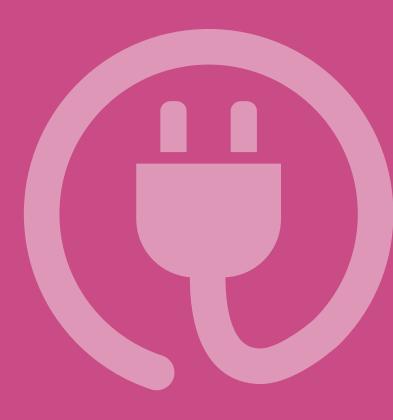
This pillar blends entrepreneurship, creativity, and innovation with a foundation of purpose and authenticity, guiding women to build businesses, brands, and careers that truly align with their values.

Philanthropy & Collective Impact

Through creative fundraisers and strategic partnerships, this pillar turns connections that support wellness, growth, and lasting community impact.

PÜWHER RETREAT

Our signature 2-day women's wellness retreat, designed to recharge, restore, and empower. Through workshops, movement, healing practices, and sisterhood, women walk away renewed with clarity, confidence, and community.



Where women leave recharged



CONNECT PAR BRUNCH

Quarterly women's brunches that spark authentic connection, and conversations. These gatherings foster meaningful relationships and create space for **women to expand** their personal and professional networks.



CONNECT TO THRIVE

Connect with your innermost aligned, happy, and true self.



INTEGRATE RETREATS

A **nature-based retreat** hosted 1–2 times a year at the ranch, weaving the **healing presence of horses**, somatic practices, and **integrative wellness experiences**. These immersions help women ground, release, and reconnect with themselves and the natural world.

ALIGN AND
THRIVE IN EVERY
SEASON OF LIFE



EXPANDIM

Mastermind-style roundtables and collaborative spaces designed to stretch your vision, amplify your voice, and put you in position to win. It's where ideas turn into strategy, collaboration sparks innovation, and collective wisdom fuels individual success.

As part of our commitment to impact, ExpandHER's is also expanding into a membership platform—where a portion of proceeds will directly support our partnership with Gratus, furthering their mission to empower individuals in mental, physical, and spiritual well-being.



Where Visions Grow Together









CREATEHERS CONFERENCE

LAUNCHING SUMMER 2026

A powerful conference for the conscious, connected woman ready to step into **soul-aligned creation**. Focused on career, entrepreneurship, and **leadership**, this experience blends business **strategy** with **mindfulness** and creativity to help women build careers and companies with purpose.

Conscious, Connected, Creators



IMPACTHERS

Impact, Give Back & Philanthropy

Our give-back initiative that channels the power of our community into meaningful causes. From our annual Thrift & Strut fundraiser that highlights and supports local nonprofits, to partnerships with organizations like Gratus, this pillar ensures that every event not only transforms lives but also creates ripple effects of generosity, compassion, and collective well-being.

From
Connection
to

Contribution.



THRIFT & STRUT

A RUNWAY REMIX FOR A CAUSE



Thrift & Strut

Fashion With Purpose

As part of our ImpactHERS pillar, Thrift & Strut brings philanthropy to life through creativity and community connection. This unique and playful fundraiser turns thrift-store finds into runway-ready fashion, giving local participants the spotlight while showcasing the missions of 10 local nonprofits.

By blending style, storytelling, and community spirit, Thrift & Strut provides nonprofits with exposure, resources, and financial support—while offering the community an unforgettable night of fun. It's a living example of how HER Immersion transforms creativity into collective impact, proving that when we come together with intention, we can make giving back both meaningful and memorable.



A Runway Remix for a Cause!





FUELED BY GRATITUDE PRESENTS

THRIFT & STRUT

EMPOWERMENT THROUGH EXPANDHERS & GRATUS

Empower individuals to prioritize their mental, physical, and spiritual well-being through skill-building and peer support. Our ExpandHERS membership funnels proceeds to partner with Gratus, enabling scholarships and supporting accessible wellness initiatives. Together, we provide tools for a self-directed wellness journey rooted in education, gratitude, courage, and compassion —while expanding opportunities for women to grow, connect, and thrive.





GUIDED WOMEN'S WELLNESS SERIES

A self directed wellness journey through gratitude, courage and compassion

"NOTHING CAN STOP ME"

Advent Health

Learn about what obstacles or challenges are standing in the way of achieving wellness and implementing tools from "GREAT HEALTH BELONGS TO ME" Session













Wednesday, May 31, 2023

AdventHealth Family & Resource center 615 East Altamonte Drive, Altamonte Springs, FL 32701

Registration: https://tinyurl.com/Grateful531

Registration is required to attend.









Developing your path to wellness offered for free every quarter PERSONAL DEVELOPMENT EDUCATION

Note: This no charge program requires a non-negotiable commitment to yourself.



Meet your Host!

Victoria is the founder of **Fueled by Gratitude** and the visionary behind the empowering "HER" themed events. She is passionate about cultivating community, fostering healing, and creating experiences that **help women connect deeply** with themselves, each other, and their purpose.

With a focus on transformation she believes that knowledge only becomes **transformation** when it's integrated, guiding women to move beyond their minds and into their hearts and bodies. Through her work, Victoria creates experiences that leave a lasting impact, empowering women to live aligned, purposeful, and inspired lives.



2026 Event Calander:

January:

1st Qtr ConnectHer Brunch: Vision & Alignment 1st Qtr ExpandHers Roundtable

February:

IntegrateHer Retreat 1 day

March:

Thrift & Strut

April:

2nd Qtr ConnecHer Brunch: The Breakthrough 2nd Qtr ExpandHers Roundtable

July:

3rd Qtr ConnectHer Brunch: Self Care 3rd Qtr ExpandHers Roundtable

August:

CreateHers Conference

November:

PowHer Retreat 2 day

December:

4th Qtr ExpandHers Roundtable: End of Year party and Donation Announcement.